

**KRIBHCO INDUSTRIAL CANTEEN  
REVISED MENU W.E.F. 18.06.2018**

<b>Days</b>	<b>Break Fast 08.30AM</b>	<b>Lunch 12.30 PM</b>	<b>Tea 02.00 PM</b>	<b>Tea &amp; Snacks 05.00 PM</b>	<b>Dinner 07.30 PM</b>	<b>Tea &amp; Snacks 10.00 PM</b>	<b>Tea &amp; Snacks 01.00 AM</b>	<b>Tea 06.00 AM</b>
<b>Monday</b>	Tea, Menduvada chatney	Rice, Roti, Mix veg. Desi Channa Masala, Dal, Dahi, Papad, Pickle	Tea	Tea, Samosa, Dalmooth	Rice, Puri, Alu-Palak, Chana Dal, Dal, Dahi, Papad, Pickle.	Tea, Dalmooth	Tea, Dalmooth, Veg.Poha.	Tea
<b>Tuesday</b>	Tea, Sev Khaman	Pulav, Puri, Dum Aaloo, Choli, Kadhi, Papad, Kachumber	Tea	Tea, Vadapav, Bhatha Kani	Rice, Roti, Dudhi- chana, Moong Dal, Dal, Dahi, Papad, Pickle	Tea, Bhatha Kani	Tea, Bhatha Kani Samosa	Tea
<b>Wednesda y</b>	Tea, Uthappam Sambhar	Rice, Sukha-Bhaji, Puri,Palak-Sprout Moong, Dal, Papad, Kachumber/Dahi	Tea	Tea, Samosa Ratlami Sev	Moongdal- khichdi, Puri, Baingan- Aloo, Rajma, Kadhi, Papad, Kachumber	Tea, RatlamiSev,	Tea, Ratlami Sev Kanda Bhajia	Tea
<b>Thursday</b>	Tea, Samosa.	Kichdi-kadhi, Puri, Palak-Aloo-Mutter, Mix Kathod, Papad, Kachumber	Tea	Tea, Dalvada, Makkai Chevda	Rice, Roti, Alu-gobi, Sprouted Matki, Dal, Dahi, Papad, Pickle.	Tea, Makai Chevda	Tea, Makai Chevda, Bataka Poha	Tea
<b>Friday</b>	Tea, Idli, Sambhar	Rice, Thepla, Aloo Giloda, Desi-chana, Dal, Gulab Jambu, Papad, Pickle	Tea	Tea, Bataka vada Phoolvdi	Rice, Roti, Dudhi- chana, Moong Dal, Dal, Dahi, Papad, Pickle	Tea, Phoolvdi	Tea, Phoolvdi Sada Samosa	Tea
<b>Saturday</b>	Tea, Patti Samosa	Rice, Sukha-bhaji, Puri, Palak-Sprout Moong, Dal, Papad, Kachumber /Dahi	Tea	Tea, Mendu- vada, chatney, Poha Chevda	Rice, Roti, Alu-gobi, Desi-chana, Dal,Dahi, Papad, Kachumber.	Tea, Poha Chevda	Tea, Poha Chevda Veg.Upma	Tea
<b>Sunday</b>	Tea, PuriBhaji.	Rice, Bhakri, Alu- flower, Kabooli- chana, Dal, Dahi, Papad, Kachumber	Tea	Tea, Kanda Bhajia Sev mamra	Rice, Puri, Began Aloo, Vatana, Dal, Dahi, Papad, Kachumber	Tea, Sev Mamra.	Tea, Sev Mamra, Kachori.	Tea
❖ BREAD – BROWN WHEAT BREAD								